

RT Functional Evaluation Outcomes on the Evaluation

Section #3: Self Help

The IDA-2 assessment self-help domain questions appear to address only the basics. You may include the following either in intake or evaluation and this domain can benefit from incorporating parent reports from the intake process or during evaluation. Help the reader to understand how these skills may be related to child abilities. Consider exploring the following areas in more detail:

- **Sleep:** Patterns, duration, and any difficulties.
- **Toileting:** Successes, challenges, and routines.
- **Bathtime:** Preferences and any issues encountered.
- **Transitions:** Experiences during daily routines, including changes in activities.
- **Car Rides:** Comfort levels and behaviors during travel.
- **Feeding/Eating:** Specifics about textures, preferred and non-preferred foods, and any challenges.
- **Sensory Concerns:** General observations regarding sensory sensitivities or preferences.

Including these details will provide a more comprehensive view of the child's self-help skills.

17 month old who is foster care with extended family and demonstrating a mix of at-age and younger than expected skills in this area, and experiences global delays in other areas due to exposure to intimate partner violence, likely substance exposure:

Lisa is successfully able to feed herself, using her fingers and a spoon. It was reported that she typically uses a spoon for the majority of her meals, but will often put it down towards the end of the meal and use her fingers. She eats table foods, consistent with what the rest of her family eats. She sits in a highchair for meals and usually eats at the same time as her siblings. She demonstrates appropriate biting and chewing skills. She drinks from a sippy cup.

Lisa is beginning to communicate her dressing and toileting needs to her caregivers. She will pat her diaper when asked if she is dirty or wet. She will seek out a diaper and wipes and bring them to caregivers to be changed. Lisa needs an appropriate amount of support for dressing, but will assist by laying still or holding up her foot for a sock or shoe. She is demonstrating an interest in other caregiving routines, such as brushing hair. She enjoys brushing her hair herself and will often attempt to brush her sibling's hair as well. Lisa is observed to struggle with transition between evaluation activities (withdrawing or tantrumming) and this is consistent with parent report that she struggles to get to sleep, and other transitions such as car rides, bathtime and mealtimes.

17 month old who experiences hearing loss, but is within normal limits in this area:

Karl enjoys helping his family with simple routines. He will help with getting himself dressed by pushing his arms through and will switch which hand he is holding a toy in to accommodate

putting on a shirt or jacket. Karl will bring his family his shoes when he wants to put them on and will reach out his foot to indicate which foot he would like the shoe on. Karl is working towards his ability to take clothes off. Karl is inconsistent with his food preferences, however he eats a variety of foods. He is feeding himself with his fingers and is working on his ability to use utensils. Karl's mother typically loads the spoon for Karl, however he is able to get yogurt on the spoon on his own. Karl will poke foods with his fork and then uses his other hand to take the foods off. Karl is moving about his environment by walking and climbing and is beginning to attempt to run. Karl is problem solving to get to the things he is interested in and will find items hidden from him. Karl's self-help skills appears to be within normal limits for his age at this time.

20 month old child who experiences seizure disorder, and within normal limits in this area:

Olivia is independent with feeding herself. Her mother shared that Olivia has been consistently feeding herself with utensils for some time now. Olivia does not enjoy her hands being messy and is neat with feeding herself. The family has recently started working on Olivia drinking from an open cup and she has been successful with drinking from the open cup. She typically drinks from a sippy cup with a handle or a 360 cup. Olivia is able to take her own clothes off, and is working on her ability to dress herself. Olivia is able to put on her own pants, socks and shoes and is still working towards her ability to get a shirt on independently. Olivia is moving about her environment by walking, running and climbing. Olivia enjoys helping her mother with daily activities and will imitate chores she observes her mother doing such as vacuuming, cleaning walls and doing dishes. Olivia does not yet have a name for herself, and recently started occasionally saying "me." Olivia's self-help skills appear to be within normal limits for her age at this time.

24 month old child who experienced severe neglect and has some concerns and mild delays in this area:

Torey's mother reported that he is not a fan of eating all meats, but has a good diet of fruits and veggies. She continues to provide him with opportunities to try new and familiar foods he does not enjoy eating. Torey is able to feed himself a variety of finger foods and is working towards his consistent use of a spoon. Torey's mother reports that he is able to feed himself with a spoon, but prefers to use his hands and she continues to encourage him to use a spoon. Torey is able to drink from an open cup and will place it back on the table when asked. Torey is helpful with dressing and undressing routines, and is able to take off his own hat, jacket and shoes. He attempts to put his own shoes on, and is successful with slip on shoes although they are frequently on the wrong feet. Torey does not like having a wet or soiled diaper and will attempt to take his diaper off when it is dirty. Torey's mother reported that they have begun working on potty training.